



**June 30, 2024**

***“How Do I Begin to Change?”***

**Ephesians 4:22-24**

- 1. What part of the text/message had the greatest impact on you? Where were you most encouraged? Intrigued? Challenged?**
- 2. The word for “put off” and “put on” has to do with taking off and putting on clothes - how is biblical change like changing an outfit?**
- 3. What would happen if the author had said “you should renew your own mind” instead of what’s in the passage - “be renewed in your mind”? Why is that difference important?**
- 4. How does this passage (Eph. 4:25-5:2) explain and flesh out what it means to "Put off/Be renewed/Put On"? Discuss how to follow the pattern for biblical change using one of the sins mentioned: lying, anger, stealing, gossip, or slander.**

**Challenge: Take a look at the lyrics for the song “Flee from Sin, Run to Jesus” by 20Schemes Music and see if you can assign a Bible passage to each line of the song.**

- How does this song poetically illustrate the biblical pattern we studied in Ephesians 4:22-24?**